

## Radnor High School A Second Set of Hands

### OVERVIEW

Radnor High School's A Second Set of Hands (SSoH) works with local families going through a cancer diagnosis/treatment to focus on the core value of family. SSoH is working to help strengthen our local community to help get the little things done for our partnered families, so that family time is maximized. If we have learned anything from over the past year, it is that when the community comes together to help each other, the sky is the limit. **As of now, we are only servicing families that live within a ten-mile radius of Radnor High School.**



RHS A Second Set of Hands

### Yard/Housework

We understand with so much on your plate things like raking leaves, picking up sticks, weeding/gardening, mowing the lawn, etc. may not be on the top of your to-do list, which is why SSoH would love to help. This project is on an as-needed basis, so if you would like help with these tasks reach out to one of us to get a date/time that is convenient for you set up.

### Homework Help

Another project is helping families and their child(ren) with their schoolwork (Reading comprehension, Writing Skills, Math), so family time on the patient's side can be spent relaxing and having fun, not worrying about schoolwork. SSoH will work with our patient-families to set up a consistent and practical schedule that is convenient for the patient-family.

### Grocery Delivery/Meal Prep

SSoH will be able to deliver groceries from stores including but not limited to Acme, Giant, Whole Foods, and Target. If help with meal prep is desired, SSoH members can help prepare meals that can be frozen for future meals.

### Companionship/Big Sibling Project

We understand how stressful undergoing cancer treatment is for both the patient and their loved ones. When a family joins with a Second Set of Hands, a group of Radnor students will get paired with that family, acting as their second family. This pairing will remain consistent so the family will get to know their SSoH students, creating strong companionship. Whether it is letters, phone calls, emails, we hope that our students can help provide connection and comfort.

For families with children, we offer our "Big Sibling" project, which works to connect a SSoH member to the child(ren), creating another mentor/role model through games, conversation, or assisting with schoolwork.

### Signing up with A Second Set of Hands

If any of the above projects sound like they could benefit you and your family, you can fill out the interest form with the link below. If you cannot access the link, email [radnorssoh@gmail.com](mailto:radnorssoh@gmail.com) to have the link provided to you. From there, either our Family Coordinator or President will respond back within 24 hours. We look forward to having you as a part of our second set of families.

**Interest Form Link: [Family Interest Form Link](#)**

*With the Covid-19 Pandemic, safety is our number one priority. We will do all we can to help our families while maintaining and obeying safety protocols.*