



Bringing Hope Home is a non-profit organization that provides Unexpected Amazingness to families with cancer through financial and emotional support. Through our Light of Hope Family Grant Program, we offer a one-time grant to pay essential household bills for families with cancer.

**We invite you to join us in our ongoing efforts to help families with cancer by being a part of our Box of Hope Volunteer Program.** When an individual is going through



cancer treatments, it takes a toll on both their physical and emotional health. With the help of volunteers like you, we can provide individuals undergoing cancer treatment with a box of unexpected amazingness to brighten their day. Think of your Box of Hope as a “Get Well Soon” package containing items that will help them through their treatments.

This packet contains a step-by-step guide on how to create your own Boxes of Hope. We encourage you get creative; these steps are meant to guide you through the process. If you have any questions, please contact Amy Forkin at 484-580-8395 or [amyforkin@bringinghopehome.org](mailto:amyforkin@bringinghopehome.org).





### **Step 1: Form a team.**

While individuals are more than welcome to do this project, we encourage you to form a team of people to help assemble your boxes. This project is a great teambuilding opportunity!

### **Step 2: Gather your materials.**

You will find a list of suggested items on the following page. This list contains items that will help families undergoing treatments with their physical needs as well as entertainment. Feel free to include any items you feel are appropriate. We encourage you to provide no more than 5-10 items per box.

It is up to you and your team to collect these items, whether it be through donations, or by shopping for them yourselves. (Note: a fun challenge could be to see which team member can get the most items donated!). Shipping or shoe boxes are a great size and low cost.

### **Step 3: Assemble your boxes.**

This is the fun part! Be as creative as you'd like when assembling or decorating your boxes. We will provide you with a "Box of Hope" sticker to put on the front of your boxes: Once you receive the stickers, please fill in the blank with you or your company's name.

### **Step 4: Drop-off.**

Bringing Hope Home will do everything we can to ensure that your boxes go to a hospital in your local area. You have the option to either deliver the boxes to the hospital yourselves, or bring them to our office for us to drop off. Please let us know one (1) week prior so that we can coordinate your drop-off.



## Potential Items to Include:

### Activities

Magazines  
Crossword Puzzles  
Coloring Book  
Crayons/Colored Pencils  
Deck of Cards

### Drinks/Snacks

Bottled water  
Reusable water bottle  
Gum  
Candy  
Life savers  
Lozenges

### Personal Care

Mini hand sanitizer\*  
Mini lotion bottle\*  
Individual packs of tissues\*  
Chapstick  
*\*All Unscented*

### Comfort

Blanket  
Hat  
Scarf  
Head Pillow

### Other

Cards with words of encouragement  
Gift Cards  
iTunes  
CVS/Walgreens  
Barnes & Noble  
Wawa  
Dunkin Donuts/Starbucks

**Print this label to finish off your box!**



from \_\_\_\_\_

with

